

FIRST PRESBYTERIAN CHURCH
of Santa Rosa

*Half-Day
Spiritual Growth
Retreat*



**The next retreat will be held on:
Saturday, August 21, 2010**

8:30 am - 12:00 pm at

**FIRST PRESBYTERIAN CHURCH
1550 PACIFIC AVENUE
SANTA ROSA, CA
707.542.0205
www.fpcsantarosa.org**

*Half-Day
Spiritual Growth Retreat*
REGISTRATION FORM

Please fill out this form and return it to the church.

Name(s): _____

Address: _____

Phone: (Day) _____

Phone: (Evening) _____

E-mail: _____

For details, please contact:

Mike Griffin: 707-542-0205 ext 107

email: mike@fpcsantarosa.org or

or Allie Shoulders: ext 122

email: allie@fpcsantarosa.org

Or register online at: www.fpcsantarosa.org
under *Adult Ministries*

This retreat is designed to help you discover the spiritual disciplines or practices that will enable you to maintain your relationship with Christ through the support of Christian community. During our time together, our hope is that you will grow in the following areas:

- What it means to practice the presence of God as part of a balanced Christian life.
- Awareness of the core practices or disciplines that can help you grow in Christ.
- Exposure to a number of tools that can encourage your growth in Christ, including: Devotional resources, examples of different prayer forms and practices, listening and guidance exercises, and opportunities to connect with others who are seeking to grow as followers of Christ.